

Some people think that dangerous sports should be banned, while others think people should be free to choose. Discuss both views and give your opinion.

Avoiding the danger has been one of the habitual instinctive features of ~~the~~ humans through the history. So, everybody always seeks the ways to deter the probable dangers which they may deal with. Sport like any other activities is prone to ~~the a~~ variety of hazards for athletes, but depends on the kinds of sport as well as that part of body which is more exposed to the damage, the security measures has been applied. However, there are many physical exercises which are so perilous. Thanks to this matter some people believe that such hazardous sports should be prohibited, whilst the others claim that it's the inalienable right of anybody to choose whether to do such risky exercises or not. In the following paragraphs I will discuss about two opposite views.

On the one hand, a group of people are of this opinion that it is true that exercise has a lot of advantages on physical well-being. However, nobody can deny the probable damages of some perilous sports such as Boxing, WWE, Wushu or even Rafting. In other words, doing such hazardous physical exercises is in contradiction with the main goal of doing the exercise which is health and wellness. Moreover, before starting of any activity the ethical responsibility of anybody is providing the security of individuals. Therefore, when we cannot guaranty the health of the athletes, ~~we had it would~~ better ~~to~~ stop them.

On the other hand, the others opine that excitement is the inseparable part of ~~the~~ life and none of the sports are intrinsically perilous, so banning the risky physical exercises, ~~that's why they are prone to the probable dangers~~ is only sweeping it under the carpet. Instead of such justification, it is our duty to prepare ~~the a~~ safe situation for those seemingly dangerous sports. For instance, applying more safety instruments such as special helmet, face shield or even safety belt. In addition, not only is banning not fruitful, but also motivates the fans of those sports to do their favorite exercises secretly that end up with more dangers than they do now.

In my opinion, experience has proven that whenever we prohibited a public interest, the result became opposite/backfired. So, if we look on the bright side of the story and try to facilitate the situation for such risky sports, we will achieve a better result.